

## Health Promotion Center

We created the most comprehensive, streamlined health check-up program to ensure thorough head to toe evaluation for the client's health status & for early detection of various diseases and preventive measures for each examinee. Our health check-up program has several packages tailored to the individual.

If any health problems be identified, our comprehensive and experienced team of medical professionals will follow up with you to provide the necessary medical care, help you understand your health status, and—advise you on lifestyle changes or further diagnostic/therapeutic measures offered by our world class professors in each area of specialization.

Utilizing all the expertise of our medical specialists from different discipline as well as state of art equipment, our **Health Promotion Center** provides very comprehensive and individualized health screening programs through a very stream-lined, peaceful process.

In addition to usual health screening programs for Korean citizens, our special programs for **foreign patients** are designed to accommodate the specific health care need of foreign patients from different countries, based on **scientific data** and disease patterns of different, ethnic, cultural, national back grounds. Several different packages are available for needs of individual patients and different medical backgrounds from different sectors of the global community.

During the health screening program, utmost detailed attention is provided by the professional staffs of the center from smooth progress of the different tests and the procedures, up to the complete uneventful recovery of the patients, the analytic process and the final consultation/recommendation process with our consulting physicians.

Our physicians of the **Health Promotion Center** will personally discuss the test results and our recommendation of the health related issues of each patient at the final phase of the evaluation.



## Marble Package

Marble Package is a health check-up program for adolescent. (For 12 to 18 years old)

| Section                   | Test Items   |
|---------------------------|--|
| Body Measurement          | Height, Weight, Abdomen Circumference, Blood Pressure, Body Mass Index   |
| Blood Tests               | Complete blood count (CBC), ESR, Chemistry Panel (liver function/renal function/uric acid/diabetes/cholesterol & lipids/electrolytes & mineral/hepatitis A, B and C/inflammation/Vitamin D), Anemia examination, Rubella IgG Ab(Women), Thyroid gland function, Blood type |
| Urinalysis                | Urinalysis (Routine analysis)  |
| Eye & Ear exam            | Visual acuity, Audiometry  |
| Cardiovascular Tests      | Electrocardiogram (ECG)  |
| Gastrointestinal Tests    | Abdomen sonography   |
| Pulmonary Test            | Chest X-ray  |
| Medical Consultation      | Consultation with a GP to discuss test results   |
| <b>Price: 900,000 KRW</b> |  |

*Last updated on January, 2024 (1hr30min ~ 2hr)*

## Pearl Package

Pearl Package is a health check-up program for prevention and early detection of disease.

| Section   | Test Items  |
|---|---|
| Body Measurement  | Height, Weight, Abdomen Circumference, Blood Pressure, Body Mass Index  |
| Blood Tests   | Complete blood count (CBC), ESR, CRP, Chemistry Panel (liver function/renal function/uric acid/diabetes/cholesterol & lipids/electrolytes & mineral/hepatitis A, B and C/inflammation/Vitamin D), Tumor markers, Thyroid gland function, Syphilis, AIDS |
| Urinalysis  | Urinalysis (Routine analysis)   |
| Eye exam  | Visual acuity, Tonometry, Fundus photograph,  |
| Cardiovascular Tests  | Electrocardiogram (ECG)   |
| Pulmonary Test  | Chest X-ray   |
| Medical Consultation  | Consultation with a GP to discuss test results  |
| <b>Price: 1,000,000 KRW</b>   |   |
| <b>Additional Testing (Select one)</b>  |   |
| Abdomen sonography<br>Low dose screening Chest CT<br>Thyroid sonography<br>Prostate sonography (Men)<br>Pelvic sonography (Women) |   |

*Last updated on January, 2024 (1hr30min ~ 2hr)*

## Silver Package

Silver Package is a health check-up program for those in their 20s and 30s who are devoted to their work. It stands for their passion and energy to be healthy enough to be able to work optimally.

| Section   | Test Items  |
|---|---|
| Body Measurement                                      | Height, Weight, Abdomen Circumference, Blood Pressure, Body Mass Index  |
| Blood Tests   | Complete blood count (CBC), ESR, CRP, Chemistry Panel (liver function/renal function/uric acid/diabetes/cholesterol & lipids/electrolytes & mineral/hepatitis A, B and C/inflammation/Vitamin D), Tumor markers, Thyroid gland function, Blood type, Syphilis, AIDS |
| Urinalysis  | Urinalysis (Routine analysis)   |
| Eye exam  | Visual acuity, Tonometry, Fundus photograph   |
| Gastrointestinal Tests                                | Abdomen sonography<br>Gastroendoscopy (Sedated)<br>(Biopsy and CLO (helicobacter pylori), if necessary)   |
| Cardiovascular Test                                   | Electrocardiogram (ECG)   |
| Endocrinology Test                                    | Thyroid sonography  |
| Gynecological Exam (Women)                            | Human Papillomavirus (HPV) test<br>Pap smear test (Liquid-based)<br>Mammography (Above 36 years old)  |
| Pulmonary Tests                                       | Chest X-ray<br>Low dose screening Chest CT (Men only)   |
| Medical Consultation                                  | Consultation with a GP to discuss test results (providing imaging CD)   |
| <b>Price: Man 1,600,000 KRW / Woman 1,800,000 KRW</b> |   |

*Last updated on January, 2024 (1hr30min ~ 2hr)*

## Crystal Package

Crystal Package is a comprehensive health check-up program for general-aged people, for diagnosing major cancers and for preventing various diseases.

| Section   | Test Items  |
|---|---|
| Body Measurement                                      | Height, Weight, Abdomen Circumference, Blood Pressure, Body Mass Index  |
| Blood Tests   | Complete blood count (CBC), ESR, CRP, Chemistry Panel (liver function/renal function/uric acid/diabetes/cholesterol & lipids/electrolytes & mineral/hepatitis A, B and C/inflammation/Vitamin D), Tumor markers, Thyroid gland function, Blood type, Syphilis, AIDS |
| Urinalysis  | Urinalysis (Routine analysis/Microalbumin-to-creatinine ratio/Nicotine)   |
| Eye & Ear exam  | Visual acuity, Tonometry, Fundus photograph, Audiometry   |
| Gastrointestinal Tests                                | Abdomen sonography<br>Gastroendoscopy (Sedated)<br>(Biopsy and CLO (helicobacter pylori), if necessary)   |
| Cardiovascular Tests                                  | Electrocardiogram (ECG)<br>Physiologic Study - Heart rate variability test  |
| Cerebrovascular Test                                  | Carotid artery ultrasound   |
| Endocrinology Tests                                   | Thyroid sonography<br>Bone densitometry   |
| Pulmonary Test  | Chest X-ray<br>Low dose screening Chest CT  |
| Gynecological Exam (Women)                            | Pap smear test (Liquid-based)<br>Pelvic sonography<br>Mammography (Above 36 years old)  |
| Medical Consultation                                  | Consultation with a GP to discuss test results (providing imaging CD)   |
| <b>Price: Man 2,300,000 KRW / Woman 2,800,000 KRW</b> |   |

*Last updated on January, 2024 (2hr ~ 2hr30min)*

## Gold Package

Gold Package is a comprehensive health check-up program for middle-aged people, for diagnosing cardiovascular diseases, major cancers and for preventing various diseases.

| Section   | Test Items   |
|---|--|
| Body Measurement                                      | Height, Weight, Abdomen Circumference, Blood Pressure, Body Mass Index   |
| Blood Tests   | Complete blood count (CBC), ESR,CRP, Chemistry Panel (liver function/renal function/uric acid/diabetes/cholesterol & lipids/electrolytes & mineral/hepatitis A, B and C/inflammation/Vitamin D), tumor markers, thyroid gland function, Blood type, Syphilis, AIDS |
| Urinalysis  | Urinalysis (Routine analysis/Microalbumin-to-creatinine ratio/Nicotine)  |
| Eye & Ear exam  | Visual acuity, Tonometry, Fundus photograph, Audiometry  |
| Gastrointestinal Tests                                | Liver sonography<br>Abdomen & Pelvic CT<br>Gastroendoscopy (Sedated)<br>Colonoscopy (Sedated)<br>(Biopsy and CLO (helicobacter pylori), if necessary)  |
| Cardiovascular Tests                                  | Electrocardiogram (ECG)<br>CT Angio+3D Coronary CT   |
| Cerebrovascular Test                                  | Carotid artery ultrasound (Men only)   |
| Endocrinology Tests                                   | Thyroid sonography<br>Bone densitometry (Women)  |
| Gynecological Exam (Women)                            | Human Papillomavirus (HPV) Test<br>Pap smear test (Liquid-based)<br>Pelvic sonography<br>Mammography (Above 36 years old)  |
| Pulmonary Test  | Chest X-ray<br>Low dose screening Chest CT   |
| Medical Consultation                                  | Consultation with a GP to discuss test results (providing imaging CD)  |
| <b>Price: Man 3,300,000 KRW / Woman 3,800,000 KRW</b> |  |

*Last updated on January, 2024 (3hr ~ 4hr)*

## Platinum Package

Platinum Package is a high-quality health check-up program designed for those who are pursuing a complete wellness lifestyle. The package consists of tests for the early detection and prevention of cerebral and cardiovascular diseases as well as high-incidence cancers.

| Section   | Test Items  |
|---|---|
| Body Measurement                                      | Height, Weight, Abdomen Circumference, Blood Pressure, Body Mass Index  |
| Blood Tests   | Complete blood count (CBC), ESR, CRP<br>Chemistry Panel (liver function/renal function/uric acid/diabetes/cholesterol & lipids/electrolytes & mineral/hepatitis A, B and C/inflammation/Vitamin D), Tumor markers, Thyroid gland function, Homocysteine, Anemia examination, Blood type, Syphilis, AIDS |
| Urinalysis  | Urinalysis (Routine analysis/Microalbumin-to-creatinine ratio/Nicotine)   |
| Eye & Ear exam  | Visual acuity, Tonometry, Fundus photograph, Audiometry   |
| Gastrointestinal Tests                                | Liver sonography<br>Abdomen & Pelvic CT<br>Gastroendoscopy (Sedated)<br>Colonoscopy (Sedated)<br>(Biopsy and CLO (helicobacter pylori), if necessary)   |
| Cardiovascular Tests                                  | Electrocardiogram (ECG)<br>CT Angio+3D Coronary CT  |
| Cerebrovascular Test                                  | Brain MRI & MRA   |
| Endocrinology Tests                                   | Thyroid sonography<br>Bone densitometry<br>Bone marker<br>Hormone tests for men and female  |
| Gynecological Exam (Women)                            | Human Papillomavirus (HPV) Test<br>Pap smear test (Liquid-based)<br>Pelvic sonography<br>Mammography (Above 36 years old)<br>Breast sonography  |
| Urological Exam (Men)                                 | Prostate sonography   |
| Pulmonary Test  | Chest X-ray<br>Low dose screening Chest CT  |
| Medical Consultation                                  | Consultation with a GP to discuss test results (providing imaging CD)   |
| <b>Price: Man 5,400,000 KRW / Woman 6,000,000 KRW</b> |   |

*Last updated on January, 2024 (5hr ~ 6hr)*